

台灣睡眠醫學學會 103 年度會員大會暨第十二屆學術研討會
論文投稿-口頭宣讀及壁報展示項目公告

口頭論文宣讀

地點：輔仁大學國璽樓 1F 國際會議廳

時間：3/30 14:20~15:30

主題：SDB Oral presentation

發表順序	作者	題目
1	林新景	內視鏡低温氣化棒舌根切除術治療阻塞性睡眠呼吸中止症對味覺的影響 Taste Disturbance Following Coblator Open Tongue Base Resection for OSA
2	林新景	多層次上呼吸道手術治療阻塞性睡眠呼吸中止症 - 最新系統性回顧 Multilevel Upper Airway Surgery for Patients with Obstructive Sleep Apnea/Hypopnea Syndrome - Updated Systematic Review
3	林政輝	阻塞性睡眠呼吸中止症病患之外科治療 Surgical Treatment of Obstructive Sleep Apnea: An Update
4	李學禹	內視鏡正中舌根冷觸氣化手術治療阻塞型睡眠呼吸中止症 Coblation endoscopic lingual lightening (CELL) for obstructive sleep apnea
5	王才郁	夜間睡眠時低血氧加速氣喘病人肺功能的下降 Desaturation during sleep accelerates decline in FEV1 in Asthmatic Patients
6	鄒永恩	身體質量指數與 Friedman 舌位置分級的相關性 The Correlation of Body Mass Index with Friedman Tongue Position
7	黃俊豪	阻塞型睡眠呼吸中止症的手術治療與失眠對於原發型中樞神經系統癌症發生率的交互作用 Interactions of Surgical Interventions for Obstructive Sleep Apnea (OSA) and Insomnia on the Risk of Primary Central Nervous System Cancers

地點：輔仁大學國璽樓 1F 國際會議廳

時間：3/30 14:20~15:30

主題：Neuro, psychiatric, and psychology oral presentation

發表順序	作者	題目
1	林俊成	行為活化治療對於重鬱症合併失眠患者在睡眠及記憶的效果：試驗性研究 The Effects of Behavioral Activation (BA) Treatment on Sleep and Memory for Depression Inpatients with Refractory Insomnia: A Pilot Study
2	戴月明	台灣新兵睡眠問題與自殺相關研究:探討焦慮與憂鬱之中介效果 The Association between Sleep Problems and Suicidality of Military Recruits: With Mediation Effects of Anxiety and Depression
3	賴俊廷	高血壓大鼠於睡眠後期呈現更嚴重的睡眠片段與自律神經失衡現象 More server sleep fragmentation and increased sympathovagal imbalance during late sleep periods of spontaneously hypertensive rats
4	毛秀珍	探討睡眠障礙發生心血管疾病之風險 Exploring the risk of cardiovascular diseases in sleep disorder
5	巫承融	比較智慧型手機睡眠監測器與紙本睡眠日誌於篩檢有睡眠問題的成年男性。 Screening for Sleeping Problems : Comparison of An Innovative Smartphone-based Sleep Log and Traditional Two Week Sleep Diary
6	洪千慧	低溫暴露對前期高血壓患者之自主神經活性與晨間血壓驟升的影響 Effects of cold exposure on autonomic function during sleep and MBPS in prehypertensive subjects
7	吳昌衛	慢波睡眠對於大腦網路清醒後的區域調節效果 Slow wave sleep modulates reorganizations of brain oscillations upon awakening

注意事項：

1. 每人口頭報告時間 7 分鐘(勿超過 12 張簡報)，評審委員及聽者提問 2 分鐘。
2. 簡報需於報告時間前 1 小時繳交至試片室

壁報論文發表

地點：國璽樓一樓廣場

類別	編號	會員編號	投稿者	題目
Sleep-disordered Breathing	A-1	411	李立昂	輕中度姿勢性依賴阻塞性睡眠呼吸中止症病患使用新式側睡枕頭的短期鼾聲改善 Short-term improvement in snoring among mild-to-moderate position-dependent obstructive sleep apnea patients using a special-design lateral-sleep pillow
	A-2	1304	陳昭賢	肺部復健作為合併慢性阻塞性肺病和阻塞性睡眠呼吸中止症病患的輔助治療：病例報告 Pulmonary Rehabilitation as an Alternative Therapy in COPD and OSA Overlap Syndrome: A Case Report
	A-3	1453	羅青山	同時有阻塞性睡眠呼吸中止症及肥胖性通氣低下症候群病患之治療：病例報告 Treatment of a Patient of Obesity Hypoventilation Syndrome with Obstructive Sleep Apnea: Case Report
	A-4	612	姚維正	病態性肥胖病人併有阻塞性睡眠呼吸中止症病患的手術麻醉之呼吸道處置-病例報告 Airway Management of Difficult Mask Ventilation and Difficult Laryngoscopy in Morbidly Obese Patient with Obstructive Sleep Apnea for Surgery- A Case Report
	A-5	1059	陳伯岳	使用溫度的時間積分當作無線射頻使用上的重要參數 Using Temperature-Time Integration as a Critical Parameter in using Monopolar Radiofrequency ablations
	A-6	1436	陳奕仁	慢性阻塞性肺病(COPD)病患之睡眠障礙盛行率與肥胖之關聯性 Prevalence of self-reported sleep disturbances in COPD patients and their relationship to obesity
	A-7	443	楊曉萍	初診為阻塞性睡眠呼吸中止症者血壓變化之性別差異 Gender Difference in Blood Pressure Changes among First Diagnosed Obstructive Sleep Apnea
Sleep-disordered Breathing	A-8	1416	李家萱	兒童阻塞性睡眠呼吸中止症術後生活品質評估：線性混合模式分析 Quality of Life after Adenotonsillectomy in Children with Sleep-Disordered Breathing: Linear Mixed Model Analysis
	A-9	1169	劉文德	以調適性網路模糊推論系統開發之簡單問卷應用於診斷慢性阻塞性肺病合併嚴重阻塞性睡眠呼吸中止症 Adaptive Network-based Fuzzy Inference System for developing a simplified questionnaire to assess the coexistence of severe

			obstructive sleep apnea syndrome in patients with chronic obstructive airway disease	
A-10	1102	張倍禎	人格影響正陽壓呼吸器的購買 Do Personality in OSA patients reduce motivation to purchase CPAP machine.	
A-11	1457	曾彥寒	連續正壓呼吸器在睡眠呼吸中止症合併阻塞性肺疾病的應用 Continuous Positive Airway Pressure Treatment for Patients Combined Obstructive Sleep Apnea Syndrome and Obstructive Lung disease	
A-12	321	秦建弘	阻塞型睡眠呼吸中止症使用連續陽壓呼吸器壓力的預測因子 Predictive Factors for Effective Continuous Positive Airway Pressure Level in Obstructive Sleep Apnea Syndrome	
A-13	1230	張雅淳	連續氣道正壓呼吸器應用在阻塞性睡眠呼吸中止症病患成效分析-南部一個醫學中心的經驗 Continuous positive airway pressure effect analysis in obstructive sleep apnea patients - experience from a medical center in southern Taiwan	
A-14	324	陳永哲	阻塞性睡眠呼吸中止症病患免疫細胞第二和六型類鐸受器表現增強 Co-upregulation of toll-like receptor 2 and 6 on peripheral blood immune cells in obstructive sleep apnea patients	
A-15	621	陳嘉琪	Using cyclic alternating pattern as a marker for CPAP treatment in patients with obstructive sleep apnea	
Sleep-disordered Breathing	A-16	林嘉謨	阻塞性睡眠呼吸中止症與肥胖之關係 Obstructive Sleep Apnea and Obesity	
	A-17	1343	王慧媛	阻塞性睡眠呼吸中止症病人咽部氣道與口內裝置治療成效之相關性 The association between pharyngeal airway and the treatment efficiencies of oral appliance in obstructive sleep apnea patients
	A-18	897	吳孟霓	阻塞性睡眠呼吸中止症病患主觀睡眠品質與缺氧的關係 The More Severe Hypoxemia, the Better Subjective Sleep Quality in Obstructive Sleep Quality
	A-19	847	林政佑	台灣公共運輸駕駛族群的睡眠呼吸障礙發生率及其危險因子：三年追蹤研究 Incidence of and risk factors for sleep-disordered breathing in Taiwan public transport drivers: a 3-year follow-up study
	A-20	707	蔡明潔	療效回饋對阻塞型睡眠呼吸中止症患者正壓呼吸器接受度之影響
	A-21	975	吳丕雄	舌懸吊術對於治療阻塞性睡眠呼吸中止症之多層次手術中扮演角色 Role of the tongue suspension in the multilevel surgical treatment of obstructive sleep apnea

	A-22	1256	黃奕仁	比較不同年齡層患有嚴重阻塞型睡眠呼吸中止症病人的臨床表現 Comparison of the Clinical Features among Different Age Groups in Patients with Obstructive Sleep Apnea Syndrome
	A-23	1292	蔡明儒	睡眠呼吸中止症病人發生癌症的風險較低 Lower Cancer Incidence in Patients with Sleep Apnea
Sleep Monitoring	B-1	1409	梅文	以實驗室自製活動計自動判別夜間睡醒分析 Reliability of the laboratory-made actigraphy in detecting sleep/wake analysis
	B-2	1434	陳兆煒	Shy-Drager 症候群於動作症狀出現前後之睡眠多項生理檢查結果 Serial polysomnography of Shy-Drager syndrome before and after onset of motor manifestations
Sleep Monitoring	B-3	非會員	呂嘉倫	利用三軸加速度計辨識睡眠姿勢與夜間翻身 Sleeping postures and turning over identified by tri-axis accelerometer
	B-4	非會員	林音延	利用胸腔腹腔起伏辨識呼吸中止症之演算法 Sleep Apnea Recognition Algorithm Using Thoracic-abdominal Motion
	B-5	非會員	王嘉葳	應用於居家照護睡眠呼吸中止症之無線系統平台 A Wireless Platform for Sleep Apnea Home-Care Monitoring
Sleep and Psychiatric Disorders	C-1	1388	蘇煦涵	個案報告-與抗精神病藥物相關的睡眠進食症兩例 Two cases of Sleep-eating behaviors related to psychotropic agents
	C-2	1426	葉奕緯	Gabapentin 治療貝西氏症與慢性創傷後壓力症候群患者的磨牙與打鼾 Gabapentin treatment of sleep bruxism and snoring in a patient with Behçet's disease and chronic posttraumatic stress disorder
	C-3	1435	陳田育	高中青少年情緒困擾、倦怠與睡眠品質之關聯性 The Association among Emotional Distress, Fatigue, and Sleep Quality in High School Adolescents
	C-4	1432	黃信得	不同藥物治療之精神分裂症個案日夜間睡眠之差異性初探 Difference among daytime and nocturnal sleep in Different Medicated Schizophrenia Inpatients
Sleep and Neurological Disorders	D-1	非會員	黃子容	第一介白素在癲癇誘發之睡眠改變中所扮演的角色 The role of interleukin-1 in epilepsy-induced sleep alterations
	D-2	1390	許俊賢	小腦萎縮症家族的睡眠異常和憂鬱症相關 Sleep Disorders Associated with Depression in a Family with Multiple Cases of Spinocerebellar Ataxia
	D-3	1494	張巧兒	睡眠障礙與失智症之相關性：以醫院為基礎之病例對照研究

				The Association between Sleep Disorders and Dementia: A Hospital-based Case-Control Study
Others	E-1	1412	陳鵬宇	運動對潛在高血壓年輕男性之影響:探討血壓、睡眠與自律神經的改變。 Effects of exercise training on young pre-hypertensive men: the changes in sleep patterns, blood pressure and automatic functions
	E-2	614	李嘉宜	自律神經功能及睡眠結構的變化在 50 歲前後的變化不同 The differential changes on autonomic functions and sleep architectures during the younger (20-49 yrs) and the older (50-79 yrs) adult life span
	E-3	1499	陳玠文	原發性高血壓大鼠在血壓下降與不降現象之自主神經功能運作和睡眠結構 The patterns of autonomic functioning and sleep structure in spontaneously hypertensive rats with a dipping or non-dipping blood pressure profile
	E-4	非會員	王姿雯	探討臂旁核內生性鴉片調控機制與電針刺激睡眠治療之作用 Endogenous Opiates In The Parabrachial Nucleus Mediate The Electroacupuncture - Induce Sleep Activities In Rats
	E-5	1301	王堂權	主觀性耳鳴與睡眠的關聯性 The Relationship between Subjective Tinnitus and Sleep
	E-6	1458	曾敬閔	經全國性世代研究發現嗜睡症的病人會增加得到癌症的機率 Patients with Narcolepsy Had Increase Risk of Cancers: A Nationwide Population-Based Study
	E-7	731	張鈺姍	預防性睡眠或小睡無法改善護士第一天值大夜班之視覺注意力 Prophylactic or brief nap have no benefits on visual attention tasks among nurses working on the first 8-h night shift
	E-8	非會員	張哲虹	父母主觀覺知嬰幼兒睡眠問題之相關因素探討
	E-9	1450	江起陸	門診少見的睡眠障礙 - 睡眠相關飲食異常 An Uncommon Sleep Disorder in Outpatient Clinic – Sleep Related Eating Disorder
	E-10	1354	湯夢彬	睡眠不安與高血壓
Others	E-11	880	邱曉彥	溫水足浴對促進頭部外傷病患睡眠品質之隨機控制前驅試驗 A randomized, controlled pilot study of warm footbath for improving sleep quality in patients with traumatic brain injury
	E-12	758	李清池	共病對於罹患睡眠疾病病患之預後影響 The impact of comorbidity on outcomes in patients with sleep disturbance
	E-13	758	李清池	睡眠呼吸中止症對癌症風險之影響 The association of cancer risks and sleep apnea
	E-14	758	李清池	Statin 對於罹患睡眠疾病老年病患之預後影響

				Stain decreased overall mortality in the elderly with sleep disturbance
	E-15	758	李清池	低社經地位對於罹患睡眠疾病老年病患之預後影響 Low socioeconomic status is associated with poor survival rates in older patients with sleep disturbance
	E-16	580	莊雁茹	合併週期性肢體抽動與阻塞性睡眠呼吸中止症患者的基礎交感神經活化傾向 Increased Basal Sympathetic Activation in Patients of Periodic Limb Movement in Sleep and Obstructive Sleep Apnea
	E-17	非會員	陳穎鈞	兒童猝睡症的的 PET 研究初探 PET study of Pediatric Narcolepsy: A Preliminary Study
	E-18	非會員	吳宛青	古典音樂對腦波、自律神經及睡眠之影響 The effects of classical music on cerebral rhythms, autonomic function and sleep
Insomnia	F-1	1456	徐瑜璟	睡眠障礙對於身體活動度以及生活滿意度軌跡的長期影響 Sleep problems and age trajectories of physical function and life satisfaction
	F-2	1436	陳奕仁	障礙影響慢性阻塞性肺病(COPD)病患之生活品質 Sleep disturbance was associated with quality of life in patients with chronic obstructive pulmonary disease
Insomnia	F-3	1371	羅英毓	探討失眠以及睡眠異常與台灣值班與非值班醫療從業人員之相關性 Investigation of the Relationship of Insomnia and Sleep Disturbance in Taiwanese Population of On-Duty and Non On-Duty Medical Caregivers
	F-4	非會員	尹燕哲	不同睡眠脆弱素質個體在壓力下自主神經反應歷程初探
	F-5	非會員	洪巧竹	壓力情境對不同睡眠脆弱素質的大學生的睡眠影響
	F-6	665	陳昌偉	安眠藥物長期使用之型態與歷程探討
	F-7	204	蔡宇哲	高血壓患者失眠程度與自主神經活動之關係
Circadian Rhythm Disorders	G-1	1489	鄭文立	阿茲海默症患者晝夜節律的簡易定量分析 A simple novel quantitative analysis of circadian rest-activity rhythm in Alzheimer's disease

注意事項：

一、海報展示時間：103/3/29 14:00~103/3/30 16:20

二、Poster viewing 出席時間：103/3/30 10:20-10:40，14:00-14:20

三、海報展示須知：

1. 海報版大小為：高200cm寬100cm，建議海報尺寸大小為：寬90cm，長120cm。
2. 海報張貼請依海報編號進行張貼。

3. 海報自左而右書寫，字體大小以一公尺距離可見為宜。
4. 海報內容依序應包括論文題目、作者姓名、機構名稱、研究目的、方法、結果與應用。
5. 海報請於3/30 16:30~17:00自行進行移除，請把握海報撤除時間，若未於時間內進行移除，將一律以廢棄物進行處理。